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Wisdom from Disasters

"the human spirit is not extinguishable"

1. No one is coming. We must move at the speed of need. Don't wait. Work.
2. You may not be at fault, but you are responsible. This disaster chose us. We must own it.
3. You can't build on broken. Pay attention to the strengths, skills and aspirations of those around you. Build on those.
4. Do what you can with what you have where you are. Right now.
5. There is nothing more powerful than a family, company, community in touch with its own aspirations and principles. Revisit the principles that will guide your decision making as you move through this unprecedented period.
6. Allow everything that is not destructive. Especially art, music and dance. Even in disasters, people need joy.
7. Isolation is a breeding ground for rage and despair. We may be physically distant, but we must remain spiritually, emotionally, socially connected. Connect today.
8. At every milestone there will be gratitude and grief in equal measure. Even as we recover, we will also see what has been lost. Allow gratitude and grief to reside in your heart together.
9. Practice loving detachment. Others may not behave as we would want. We learn not to react to panic and fear, even as we manage our own.
10. There is enough to go around. Act as if it's true.
11. When you come to the fork in the road, between resignation and acceptance, take the path of acceptance. No whining.
12. People can survive individually, but they thrive collectively. Place your faith beyond survival.
13. Leaders practice "when I know it, you know it." People can handle the truth. We unravel when we are forced to play detective in a disaster. If you want people to follow you, you don't have to be certain, but you must be transparent.